



Catheterization is a procedure performed to evaluate for blockage in your heart arteries that could be responsible for your symptoms or abnormal stress tests. You will likely be admitted to the hospital on the day of the procedure. Please have someone to drive you to the hospital and remain there with you until procedure is over. You will not be able to drive home after the procedure.

Cardiac Catheterization Instructions:

BEFORE THE PROCEDURE.

1. Have NOTHING to eat or drink after midnight the night prior to the procedure if your procedure was schedule for the morning. (If your procedure is after 2pm you can have a light breakfast no later than 8 am.)
2. DO NOT STOP Plavix or Aspirin unless specifically directed by our physician.
3. STOP COUMADIN /WARFARIN 5 DAYS PRIOR TO PROCEDURE. If you are in any other blood thinner - Inform physician for instructions.
4. IF YOU ARE ALLERGIC TO IODINE OR HAVE HAD AN ALLERGIC REACTION TO X-RAY DYE YOU WILL NEED TO BE PRE-MEDICATED. PLEASE NOTIFY US IN ADVANCE SO YOU CAN BEGIN MEDICATION THE DAY BEFORE.
5. If you are Diabetic you will want to only take HALF of the normal INSULIN the morning of the procedure and DO NOT take any of your diabetic pills you are on.
6. GLUCOPHAGE (METFORMIN) OR GLUCOVANCE must be stopped the day prior to the procedure and for 2 days after.
7. You may take all other medications that are not required to be taken with food, with small sips of water (if you take diuretics also known as water pills you may want to delay taking them until later in the evening for you comfort as you will be on bed rest).
8. You will be required to have blood work done prior to the procedure to evaluate your kidney function and Blood levels. You may be asked to take a medication called Mucomyst. This liquid medication may be taken with juice or soda and assists your kidneys in removing X-ray dye.

IT IS IMPORTANT THAT YOU FOLLOW THIS INSTRUCTIONS AS YOUR PROCEDURE CAN BE CANCELLED DUE TO POOR PREPARATION FROM YOUR PART.